

TRACEN Petaluma Haley Hall Dining Facility

11MAY26 - 17MAY26

2	BREAKFAST	Calories	LUNCH	Calories	DINNER	Calories
M O N D A Y	FRESH FRUIT CREAM OF WHEAT ASST. TOPPINGS SCRAMBLED EGGS EGGS TO ORDER BOILED EGGS CHICKEN SAUSAGE LINKS PORK SAUSAGE LINKS BREAKFAST LATKES WAFFLES W/ BUTTER & SYRUP HAM & CHEESE QUICHE	VARIES 110 VARIES VARIES VARIES 78 140 180 210 151 / 120 420	CHICKEN NOODLE SOUP LAMB TAGINE SEARED CHICKEN BREAST ROASTED RED POTATOES BASMATI RICE COLORFUL CAULIFLOWER BRAISED BRUSSEL SPROUTS NAAN BREAD PLATED ALTERNATIVE VEGETARIAN TAGINE & BASMATI RICE W/ SEARED CHICKEN THIGHS	210 400 220 120 235 168 80 95 600 VARIES	CHICKEN CACCIATORE SPAGHETTI NOODLES MOZZARELLA STICKS W/ MARINARA ROASTED ASPARAGUS STEAMED MIXED VEGETABLES GARLIC BREAD	400 180 290 95 65 49
T U E S D A Y	FRESH FRUIT OATMEAL ASST. TOPPINGS SCRAMBLED EGGS EGGS TO ORDER BOILED EGGS CRISPY BACON GRILLED HAM STEAKS HASH BROWNS FRENCH TOAST W/ BUTTER & SYRUP BISCUITS & SAUSAGE GRAVY	VARIES 158 VARIES VARIES VARIES 78 192 180 151 195/120 210	AJIACO SOUP CUBAN MOJO PORK SALSA VERDE CHICKEN ARROZ AMARILLO CILANTRO LIME BLACK BEANS GRILLED YELLOW SQUASH TRI-COLOR CARROTS PLATANO FRITO PLATED ALTERNATIVE CUBAN SANDWICHES W/ TOSTONES	203 210 220 133 305 40 101 150 800	HOMESTYLE MEATLOAF VEGETABLE WILD RICE PILAF MASHED POTATOES & GRAVY LEMON GARLIC SWISS CHARD GLAZED ROOT VEGETABLES BUTTERMILK BISCUITS	353 275 200 45 84 150
W E D N E S D A Y	FRESH FRUIT HOT GRITS ASST. TOPPINGS SCRAMBLED EGGS EGGS TO ORDER BOILED EGGS GRILLED SPAM / CORNED BEEF HASH HOME FRIES FRENCH TOAST W/ BUTTER & SYRUP BLUEBERRY PANCAKE BUTTER & SYRUP	VARIES 142 VARIES VARIES VARIES 78 180 210 105 190 120	EGG DROP SOUP SCALLION GINGER SALMON W/ SOY DRESSING ORANGE CHICKEN CALROSE RICE VEGETABLE CHOW MEIN STEAMED BROCCOLI BOK CHOY STIR FRY VEGETABLE EGGS ROLLS W/ SAUCE PLATED ALTERNATIVE BBQ PORK BAHN MI SANDWICHES	185 493 189 165 298 155 35 VARIES 450	CRANBERRY GLAZED TURKEY SAVORY STUFFING ROASTED PEBBLE POTATOES DELICATA SQUASH SAUTEED GREEN BEANS DINNER ROLLS	280 168 200 120 90 120
T H U R S D A Y	FRESH FRUIT CREAM OF WHEAT ASST. TOPPINGS SCRAMBLED EGGS EGGS TO ORDER BOILED EGGS CRISPY BACON SAUSAGE HOT LINKS GOLDEN HASH BROWN PATTIES PANCAKES W/ BUTTER & SYRUP BREAKFAST SANDWICHES	VARIES 110 VARIES VARIES VARIES 87 195 251 210 / 120 210/120 320	FRENCH ONION SOUP MARINATED PORK TENDERLOIN GRILLED CHICKEN RISOTTO RUSTICA ROASTED RED POTATOES CANDIED CARROTS STEAMED BROCCOLI PLATED ALTERNATIVE DUCK A L'ORANGE W/ ROASTED BROCCOLINI (VEGETARIAN ALT.)	236 315 219 180 120 78 50 400 VARIES	TUSCANY CHICKEN HERBED QUINOA NOODLES JEFFERSON SAUTEED BROCCOLINI ACORN SQUASH W/ BROWN SUGAR FOCACCIA BREAD	164 108 180 110 98 240
F R I D A Y	FRESH FRUIT OATMEAL ASST. TOPPINGS SCRAMBLED EGGS EGGS TO ORDER BOILED EGGS CHICKEN SAUSAGE LINKS PORK SAUSAGE LINKS POTATOES O'BRIEN FRENCH TOAST W/ BUTTER & SYRUP BREAKFAST BURRITOS	VARIES 158 VARIES VARIES VARIES 180 151 210 195 / 120 195/120 320	CRAB AND CORN CHOWDER CATCH OF THE DAY GRILLED RIBEYE STEAKS STEAMED WHITE RICE WHITE BEAN CASSOULET SAUTEED YELLOW SQUASH ROASTED VEGETABLE MEDLEY FRENCH BREAD SHRIMP COCKTAIL	410 VARIES 320 140 150 120 70 78 VARIES	ASSORTED PIZZAS CHICKEN WINGS JALAPENO POPPERS CELERY & CARROT STICKS RANCH & BBQ DIPPING SAUCES	450 110 120 95 80
S A T U R D A Y	FRESH FRUIT HOT GRITS ASST. TOPPINGS SCRAMBLED EGGS EGGS TO ORDER BOILED EGGS BACON / MAPLE PORK SAUSAGE LINKS HASH BROWNS PANCAKES W/ BUTTER & SYRUP BISCUITS & SAUSAGE GRAVY	VARIES 142 VARIES VARIES VARIES 78 92/180 151 151/120 210	EGGS & OMELETS TO ORDER BACON / MAPLE PORK SAUSAGE LINKS PANCAKES W/ BUTTER & SYRUP PULLED PORK SANDWICH GARLIC PARMESAN FINGERLING POTATOES STEAMED BROCCOLI	VARIES 375/180 180 210 125 78	CHICKEN MARSALA CREAMY POLENTA FRESH HERB LINGUINI SAUTEED KALE W/ SWEET ONIONS ROASTED CAULIFLOWER BREADSTICKS	326 260 180 40 VARIES 90
S U N D A Y	FRESH FRUIT CREAM OF WHEAT ASST. TOPPINGS SCRAMBLED EGGS EGGS TO ORDER BOILED EGGS PORK SAUSAGE LINKS TURKEY SAUSAGE LINKS HOME FRIES FRENCH TOAST STICKS W/ BUTTER & SYRUP	VARIES 110 VARIES VARIES VARIES 78 135 145 151 210/120	EGGS & OMELETS TO ORDER TURKEY / PORK SAUSAGE LINKS FRENCH TOAST STICKS W/ BUTTER & SYRUP TURKEY & PROVOLONE SANDWICHES STEAMED MIXED VEGETABLES SEASONED FRIES	VARIES 320/180 210 165 110 VARIES	FLAT IRON STEAKS BAKED SWEET POTATO GARLIC PARMESAN ORZO STEAMED PEAS AND CARROTS ROASTED RED PEPPERS HOT DINNER ROLLS	304 175 152 99 78 80

WEEK 2

The Food Service Officer is authorized to make changes to this menu when, due to unusual or unforeseen circumstances, it may be necessary to provide substitutions for food items not in stock or to permit the timely use of perishable foods. Assorted beverages, desserts, and breakfast pastries are available during meal service.

Submitted By: CSC E. S. Sanchez Dining Facility Supervisor	Reviewed By: CSCS N. E. Mogan Food Service Officer	Approved By: Captain J. D. Burch Commanding Officer
--	--	---